



Program EastWest Transpersonal Training 2024/2025

Status: 29.12.2024

If you have a degree in psychology, you don't need to listen to all the lectures in module I ("Mainstream Psychology"), but you do need to listen to the lectures that are colored blue.

Foundation of Counseling: Therapeutic Approaches (Module 1)

06.02.2024: Welcome. Hero's Journey (Kati Wortelkamp, Lyudmila Skartsesku)

13.02.2024: Overview over different psychotherapeutic approaches (Jure Biechonski)

20.02.2024: Cognitive Behavioral approach (Jure Biechonski)

27.02.2024: Humanistic approach (Jure Biechonski)

29.02.2024 – 03.03.2024: Intensive + Grof® Breathwork in Todtmoos/ Germany (Kati Wortelkamp & Lyudmila Skarstsescu)

05.03.2024: Fundamentals of analytical psychology and the Individualization Process according to Carl Gustav Jung: Shadow, projections, old patterns. Part I (Jure Biechonski)

12.03.2024: Introduction to counseling and counseling skills, Part I (Jure Biechonski)

19.03.2024: Introduction to counseling and counseling skills, Part II (Jure Biechonski)

26.03.2024: Introduction to counseling and counseling skills, Part III (Jure Biechonski)

02.04.2024: Eastern holidays

09.04.2024: Meeting with students

16.04.2024: What is transpersonal counseling? (Jure Biechonski)

23.04.2024: Exploring the bigger picture. Considering systemic, collective and transgenerational influences. An individual work with Family Constellation (Samvedam Randles)

Counseling: Resource based Systemic Therapy, Process Oriented Therapy, Gestalt Work Technique (Module 2)

25. – 28.04.2024: Option 1 for module II: Double Holotropic Breathwork® in Todtmoos/ Germany with Ursula Boger & Kati Wortelkamp (one option is included in the module)

Thursday, 02.05.2024: Resource based Systemic Therapy I (Lev Belogorodskii)

07.05.2024: Resource based Systemic Therapy II (Lev Belogorodskii)

Thursday, 16.05.2024: Resource based Systemic Therapy III (Lev Belogorodskii)

18.05.2024: Option: Holotropic Breathwork® in Riga/ Latvia with Lyudmila Skartsesku (not included in the module)

Tuesday, 21.05.2024: Resource based Systemic Therapy IV (Lev Belogorodskii)

28.05.2024: Process Oriented Therapy I (Liudmila Serbina)

04.06.2024: Process Oriented Therapy II (Liudmila Serbina)

11.06. - 14.06.24: Option: Summer School and Ceremony in Moldova with Dario Giuffrida, Mireia Berdun and others (not included in the module)

20.06. - 23.06.24: Option: Double Holotropic Breathwork® in Todtmoos/ Germany with Kati and Ursula Boger (German Language)

18.06.2024: Process Oriented Therapy III (Liudmila Serbina)

25.06.2024: Process Oriented Therapy IV (Liudmila Serbina)

02.07.2024: Process Oriented Therapy V (Liudmila Serbina)

04.-07.07.2024: Option 2 for module II: Gestalt Therapy in Transpersonal Perspective & Grof® Breathwork in Todtmoos/ Germany (Kati Wortelkamp & Lilian Gscheidel, one Option is included in the module)

09.07.2024: Gestalt work technique in a transpersonal view I (Lilian Gscheidel)

16.07.2024: Gestalt work technique in a transpersonal view II (Lilian Gscheidel)

Foundation of Counseling: Effective Psychotherapy and Evolution of the Psyche (Module 3)

23.07.2024: Tools of effective Psychotherapy (Lyudmila Skartsesku)

24.07.2024 – 13.08.2024: Summer Holidays

13.08.24: «Creative Evolution 2.0». Ways to unlock higher Possibilities from Homo sapiens to Homo Evolutus. (Vladimir Maykov)

20.08.24: This mysterious Self: What is Self-Improvement? Three Catalysts and three main "Tools of Evolution", six Directions of Development. (Vladimir Maykov)

Thursday, 29.08.24: WE: Relationships as an evolutionary Practice. Interpersonal Development, its Laws and Essence. (Vladimir Maykov)

03.- 08.09.24: EUROTAS-Conference (no lecture)

Thursday, 12.09.24: Laws and Tools for the Development of the external World — the Development of Objectivity, Consensus, a systematic multidimensional View. (Vladimir Maykov)

12.-15.09.2024: Double Grof® Breathwork with Mario Lorenzetti & Kati Wortelkamp

Thursday, 19.09.2024: Champions: vertical upward Development. The West, multiple Intelligence, Spiral and Noetic Dynamics, a variety of Lines of Development towards the Highest. (Vladimir Maykov)

20.-22.09.2024: Option: Double Holotropic Breathwork© in Chisinau/ Moldova with Lyudmila Skartsesku, Kati Wortelkamp and Stefan Dressler (not included in the Training, English/ Russian)

Thursday, 26.09.2024: Healers: a Psychotherapist to himself. 12 ancient Practices of caring for the Soul. Cleansing and removing Obstacles to Development. (Vladimir Maykov)

Thursday, 03.10.2024: Artists and Creators: Perfection in Discovering and expressing Yourself. Art as an evolutionary Practice. (Vladimir Maykov)

Thursday, 10.10.2024: Tightrope Walkers: Masters of Balance, Mediocrity, Equanimity, the Art of surfing Life. (Vladimir Maykov)

Thursday, 17.10.2024: Heroes: Heroism as the main Energy of Evolutionists. Three Classes and eight Types of Heroic Journeys and their Variations. (Vladimir Maykov)

Thursday, 24.10.2024: The Awakened: What is Enlightenment: Classics and Modernity (Vladimir Maykov)

Foundation of Counseling: Archetypes and Biotransenergetics (Module 4)

Tuesday, 29.10.2024: Archetypes (Kati Wortelkamp)

Thursday, 07.11.2024: Biotransenergetics 1 (Pier Luigi Lattuada)

09.-10.11.24: Option: Holotropic Breathwork© in Riga/ Latvia with Lyudmila Skartsesku (not included in the training)

Monday, 11.11.2024: Biotransenergetics 2 (Pier Luigi Lattuada)

Monday, 18.11.2024: Biotransenergetics 3 (Pier Luigi Lattuada)

Monday, 25.11.2024: Biotransenergetics 4 (Pier Luigi Lattuada)

Wednesday, 27.11.2024: Vladimir Maykov's film: "The secret of Carlos Castaneda"

28.11.-01.12.2024: Intensive + Grof® Breathwork in Todtmoos/ Germany (Kati Wortelkamp, Mario Lorenzetti & Stephan Schillinger)

Thursday, 05.12.2024: Student's meeting

Monday, 09.12.2024: Biotransenergetics 5 (Pier Luigi Lattuada)

Monday, 16.12.2024: Biotransenergetics 6 (Pier Luigi Lattuada)

24.12.2024 – 06.01.2025: Christmas + New Year Holidays