



Program EastWest Transpersonal Training 2025/ 2026

Status: 04.10.2025

Rest of Module 4 – Stage I

Foundation of Counseling: Biotransenergetics

Monday, 13.01.2025: Biotransenergetics 7 (Dr. Pier Luigi Lattuada)

Monday, 20.01.2025: Biotransenergetics 8 (Dr. Pier Luigi Lattuada)

Monday, 03.02.2025: Biotransenergetics 9 (Dr. Pier Luigi Lattuada)

Module 5 – Stage II

Transpersonal Counseling Skills: Biotransenergetics and Hypnotherapy

10.02.2025 Biotransenergetics 10 (Dr. Pier Luigi Lattuada)

17.02.2025: Biotransenergetics 11 (Dr. Pier Luigi Lattuada)

[18.-21.02. Double Holotropic Breathwork \(Option\) 21.-23.02.2025: Intensive with Prof. Jure Biechonski: "From Regression to Progression" in Todtmoos/ Germany](#)

24.02.2025: Biotransenergetics 12 (Dr. Pier Luigi Lattuada)

04.03.2025: Hypnotherapy/ Working with the Inner Child, Supervision Part I (Prof. Biechonski)

11.03.2025: Hypnotherapy/ Working with the Inner Child, Supervision Part II (Prof. Jure Biechonski)

18.03.2025: Hypnotherapy/ Working with the Inner Child, Supervision Part III (Prof. Jure Biechonski)

25.03.2025: Cancelled because of missing Wifi

01.04.2025: Hypnotherapy/ Working with the Inner Child, Supervision Part IV (Prof. Jure Biechonski)

08.04.2025: About Meditation 1 (Dr. Tina Lindhard)

Monday! 14.04.2025: Hypnotherapy/ Working with the Inner Child, Supervision Part V (Prof. Jure Biechonski)

22.-28.04.2025: Eastern Holidays

29.04.2025: Healing the Ego (Bernadette Blin)

02.-04.05.2025: Option (not included in the Module): : Double Holotropic Breathwork in Riga with Lyudmila Skartsesku

06.05.2025: Stan Grof – his life (Kati Wortelkamp, M.A.)

Module 6

Transpersonal Counseling Skills: Strategic Sessions, Constellation Work, Dreambody- and Process Oriented Work, Psychosynthesis, Transpersonal Maps of the Psyche, Stan Grof

13.05.2025: Strategic sessions in Psychotherapy I (Lyudmila Skartsesku)

20.05.2025: Strategic sessions in Psychotherapy II (Lyudmila Skartsesku)

27.05.2025: The constellation as a transpersonal and embodied externalisation/visual representation of a system within a physical space (Erik Anderson and Dr. Cathy Geils)

03.06.2025: Representative perception, the knowing field and systemic awareness (Erik Anderson and Dr. Cathy Geils)

10.06.2025: The orders of love (Erik Anderson and Dr. Cathy Geils)

17.06.2025: Healing sentences and movements (Erik Anderson and Dr. Cathy Geils)

24.06.2025: About meditation 2 (Dr. Tina Lindhard)

01. - 03.07.25: Option (not included in the Module): Holotropic Breathwork in Todtmoos/ Germany

03. - 06.07.25: Intensive with Rainer Pervöltz: "The Central" in Todtmoos/ Germany

08.07.2025: Student's Meeting

15.07.2025: About meditation 3 (Dr. Tina Lindhard)

22.07. – 11.08.25: Summer Holidays

01.-03.08.25: Option (not included in the training): Triple Holotropic Breathwork© in Riga/ Latvia with Kati Wortelkamp

08.-10.08.25: Option (not included in the training): Triple Holotropic Breathwork© in Riga/ Latvia with Kati Wortelkamp

12.08.25: About the breath (Kati Wortelkamp, M.A.)

19.08.25: Stan Grof's expanded map of consciousness (Kati Wortelkamp, M.A.)

26.08.25: Stan Grof's Theory of the COEX-Systems (Kati Wortelkamp, M.A.)

28. -31.08.25: Option (not included in the training): Double Holotropic Breathwork with Kati Wortelkamp and Ursula Boger

02.09.25: Psychosynthesis I (Charlotte Kihl)

09.09.25: Psychosynthesis II (Charlotte Kihl)

16.-19.09.25: Double Holotropic Breathwork in Todtmoos/ Germany (one session is included in the module)

19.-21.09.2025: Intensive with Charlotte Kihl in Todtmoos/Germany about Psychosynthesis

23.09.25: Student's meeting and Psychosynthesis III (Charlotte Kihl)

Module 7 – Stage II

Transpersonal Psychotherapy and non-ordinary (“holotropic”) States of Consciousness

30.09.25: The 12 pillars of Transpersonal Psychotherapy (Bernadette Blin)

07.10.25: Collective Trauma (Tina Randles)

10.-12.10.25: Option (not included in the training): Double Holotropic Breathwork with Mario Lorenzetti in Carate Brianza (Italian)

14.10.25: Spiritual Journey using heart based Meditation (Dr. Tina Lindhard)

21. – 26.10.25: EUROTAS Conference in Mexico – no lectures

28.10.25: Therapy and Spiritual Journey (Dr. Tina Lindhard)

04.11.25: Kundalini (Dr. Tina Lindhard)

07.-09.11.25: Option (not included in the module): Double Holotropic Breathwork in Riga/ Latvia with Lyudmila Skartsesku (Russian/ Latvian)

11.11.25: Perpetrator-victim structure from a transpersonal perspective (Dr. Stefan Dressler)

18.11.25: Transpersonal Psychology and Psychotherapy (Gabriel Fernandez Borsot, PhD)

19.11.-20.11.2025 Holotropic Breathwork in Todtmoos with Agnese Narunovska (assistant)

20. – 23.11.2025: Intensive in Todtmoos/ Germany with Stefan Dressler. 1 x Holotropic Breathwork and Seminar “Working with the Central Drama”

25.11.25: Regression Therapy as a Healing Tool I – with Practice (Vera Covaliciuc)

02.12.25: Regression Therapy as a Healing Tool II – with Practice (Vera Covaliciuc)

09.12.25: Regression Therapy as a Healing Tool III – with Practice (Vera Covaliciuc)

05.-07.12.25: Option (not included in the module): Holotropic Breathwork in Milano with Mario Lorenzetti (Italian/ English)

12. – 14.12.25: Option (not included in the module): Grof® Breathwork with Kati Wortelkamp in Todtmoos/ Germany (German/ English)

16.12.25: Regression Therapy as a Healing Tool IV – with Practice (Vera Covaliciuc)

23.12.25 – 12.01.26: Christmas + New Year Holidays